

## New Coach Checklist

Congratulations on becoming a coach! You just joined an amazing group of people in our Fit Tribe United community! We are all committed to changing the lives of others while holding ourselves accountable to our own goals. You will be the secret behind the success of OTHERS, and you will also be the secret behind YOUR OWN success.

Your first week is an exciting and action packed one! Do a little bit at a time, and you'll do great! Here's a checklist to get you going.

\_\_\_\_\_ 1. Please fill out my new coach application so I can get to know you and your goals better. <https://amyjordanfitness.com/new-coach-questionnaire/>

\_\_\_\_\_ 2. Put the contact info into your phone for coach relations (1-800-240-0913) and my cell number (513-305-8892).

\_\_\_\_\_ 3. Set up a Getting Started Right (GSR) call with me. Text me @ the number above or FB message me so we can get this on the calendar as soon as possible.

\_\_\_\_\_ 4. Ask to join [Fit Tribe United](#) on Facebook, which is where our team of coaches collaborate, and then investigate the "files" and "learning" sections for more resources to help you!

\_\_\_\_\_ 5. Start focusing your mind on the 3 Vital Behaviors, every single day!!  
1. Invite, Invite, Invite! Get out there and actively find people to join you!  
2. Be proof the products work - keep publicly sharing/working on your personal Beachbody journey!  
3. Personal Development  
- Read at LEAST 10 pages a day. I recommend "The Compound Effect" by Darren Hardy to start.

\_\_\_\_\_ 6. Start looking through the First 30 found on your welcome letter.

\_\_\_\_\_ 7. Become an ACTIVE coach. In order to activate your business center you just generate a minimum of 50 Personal Volume Points. To easily get those points we HIGHLY recommend Shakeology Home Direct for all coaches – it's 90

PV points, so it easily takes care of your 50 pts needed to be active. You already have this if you took advantage of getting one of the awesome Challenge Packs (or are on Home Direct already)! Not only is Shakeology our biggest selling continuity product at Team Beachbody, but this will help you be healthier than you've ever been in your life. You can speak from the heart about how you are benefitting. Single packs are a nice option for sharing with people and when you travel! You can also earn your personal volume with performance line products on home direct.

\_\_\_\_ 8. Set up your website! As a Team Beachbody Coach you have a site that can direct people to learn more about you, explore Beachbody On Demand, shop the products, and sign up as a coach. [Here's mine](#). If you are setting someone up with a specific product, you can use share a cart to send them an order email (more about that on our Fit Tribe United FB page – just use the search bar).

\_\_\_\_ 9. Where do you want your money to be deposited? Beachbody pays weekly on Thursdays, and you don't want to miss out!! By default you will be paid by paper check. This takes some time and you will be charged \$2.50 per check. Save time and money by setting up direct deposit, it's easy! Just log into your online office, go to the "Monitor My Business section", and then choose "My EFT Management" under COMPENSATION to enter your bank account info.

\_\_\_\_ 10. Preferred Placement: Set Preferred Placement (when sponsoring New Coaches). Always set your preferred placement to "right" or "left", never to First Available or Weak leg first available. This allows your team to help each other better. Go to your online office, "Monitor My Business", "Preferred Placement, and choose RIGHT or LEFT. As you get closer to signing up coaches, we can talk more about how to choose a leg effectively.

\_\_\_\_ 11. Challenge Your Friends! We've found that for many customers, being part of a Challenge Group provides the daily motivation necessary to achieve their health and fitness goals. Not only that, the Challenge Pack (On Demand + Shakeology pack) sales you generate with your Challenge Group will get you started earning money right away. You'll be blown away at how these can incredibly grow your paycheck too! Consider when you'd like to start leading your own challenge group, and if you'd feel more comfortable running your first group with someone else or on your own.

\_\_\_\_12. Commit to the National Wake Up Call every week! It's very important to learn from the top coaches in the company (you can find these live videos in the FB group called [Team Beachbody Coach 411](#) – join this group), in the podcast app, or by calling 1-832-225-5055 – this phone number will have the current week's episode available from 12:00ish on Monday to the following Monday until 10:30.

\_\_\_\_13. Have a "grand opening" for your business on your social media pages. This is where you will tell people that you're a coach, what you've gotten out of your journey so far, why you want to be a coach, and how you can help them. Feel free to send me your "rough draft" if you would like some eyes on this before you post it.

\_\_\_\_14. Have Fun! It is not our job to "sell" or convince people. It's our job to share our passion for living a healthy fulfilling live. Our amazing workouts, community and Shakeology help people achieve that. Keep it real, personal and stay consistent with the 3 Vital Behaviors and use the Business Tracking tools (found by clicking the Fit Tribe United cover photo). You will be on your way to a solid business before you know it! This is such a rewarding and fun business that is yours! Thank you for helping so many people change their health and change their lives with Team Beachbody. We look forward to helping you achieve your goals and dreams!

\*\*\*Just dive in. Don't be scared. Take risks. Learn something new, every day!\*\*\*

I'm glad you're here!